

Newsletter: February 2024

Monthly Newsletter for our GlenBrook Residents.

As February comes to a close, we take a moment to reflect on the warmth and camaraderie that filled our health center this month. We embraced heart health, celebrated love and friendship, and honored the significance of Black History, all while supporting each other's wellness journeys. Our newsletter, complete with a recap in pictures, captures these precious moments, serving as a reminder of the joy, learning, and community spirit we've shared. Let's carry these cherished memories with us as we look forward to the promise of spring and new beginnings.



Valentine's Day

XOXO