

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
     						
			9:30 Weights & Workout 10:00 Daily Chronicle 10:15 Wacky Wednesday (Chocolate) 11:00 Color Me Calm 1:30 Patio Pals 3:15 Afternoon Tea Social 4:15 Music Circle w/ Haley	Coastal Excursion 9:30 Walkabout 9:45 Coastal Excursion 10:00 Virtual Travel Video 1:30 Snowball Toss 2:30 Table Games 3:30 Spring or Snow! 4:15 Cool Down Groundhog Day	Afternoon Concert 9:30 Singfit FUN! 10:15 Daily Trivia 11:00 Chair Samba 1:30 LRC-Dice Game 2:45 Walkabout 3:00 Concert w/ Victor 4:00 Happy Hour	10:00 Fitness Class 10:30 Love on a Leash 1:15 Patio Pals 3:00 Table Games 4:00 Songs of the Heart & Mocktails
9:30 Church Service Dave Leach 10:15 Fitness Class 10:45 Singfit W/ Jordan 1:30 Travel Video 3:00 Table Games 4:00 Mocktails & More	9:30 Noodlesize! 10:15 National Days 10:45 Valentine Wreaths Crafts 2:30 Table Games 3:30 Funny Fabled Headlines 4:00 Wooden Heart Craft 4:30 Aromatherapy	9:45 Catholic Service (AL) 10:15 Fitness Class 10:45 SINGFIT FUN! 11:00 These are the Days 1:30 BINGO 3:00 Bake O' Batch Social 3:30 Mandala Fun! 4:15 Balloon Volley	9:30 Weights & Workout 10:00 Daily Chronicle 10:15 Wacky Wednesday (Berries) 11:00 Garden Club 1:30 Patio Pals 2:30 Pet Visits – Indie 3:15 Afternoon Social 4:15 Sing A Long	Coastal Excursion 9:30 Walkabout 9:45 Coastal Excursion 10:00 Virtual Travel Video 1:30 Chocolate Kiss Bingo 3:30 Mocktails Social 4:15 Cool Down & Aromatherapy	Afternoon Concert 9:30 Singfit FUN! 10:15 Daily Trivia 11:00 Chair Samba 1:30 LRC-Dice Game 2:45 Walkabout 3:00 Concert w/ Clay Gary 4:00 Happy Hour	10:45 SINGFIT! 1:30 Nature Video 2:30 Table Games 3:30 Afternoon Social 4:00 Mocktails & Making Valentines
Superbowl Sunday 9:30 Hymns & Scripture Sing A Long 10:15 Fitness Class 10:45 Singfit w / Jordan 1:30 Travel Video 3:00 Supperbowl Coin Toss 3:30 Superbowl Viewing Celebration 2023	9:30 Noodlesize! 10:15 National Days 10:45 Junk Drawer Detective 2:30 Table Games 3:30 Afternoon Tea 4:00 Wooden Heart Craft 4:30 Aromatherapy	Special Event 9:30 Catholic Service 10:30 Walkabout 10:45 Music w/ David 1:30 HEARTS BINGO 3:00 Sweetheart Social 5:00 Valentine's Dinner w/ Live Swing Band Music! Valentine's Day	9:30 Weights & Workout 10:00 Daily Chronicle 10:15 Wacky Wednesday (Berries) 11:00 Garden Club 1:30 Patio Pals 2:30 Pet Visits – Indie 3:15 Afternoon Tea Social 4:15 Sing A Long	Coastal Excursion 9:30 Walkabout 9:45 Coastal Excursion 10:00 Virtual Travel Video 1:30 Patio & Trivia 3:15 Walkabout 3:30 Concert w/ La Don & Barbra	Afternoon Concert 9:30 Singfit FUN! 10:15 Daily Trivia 11:00 Heart Healthy Trivia 1:30 LRC-Dice Game 2:45 Walkabout 3:00 Concert w/ Adrienne 4:00 Happy Hour	10:00 Fitness Class 10:30 Love on a Leash 1:15 Patio Pals 3:00 Table Games 4:00 Singfit Fun & Mocktails! 4:30 Aromatherapy
Afternoon Concert 9:30 Church Service Dave Leach 10:15 Fitness Class 10:45 What, Where, Who am I? 1:30 Travel Video 3:00 Concert w/ Danny G. 4:00 Mocktails & More	Our History Matters 9:30 Noodlesize! 10:15 National Days 10:45 Presidents Day Trivia & Tea 1:30 Table Games 2:30 Helen Woodard (Pets) 3:30 Our History Matters w/ Gary Presidents' Day	Special Event 9:30 Stretch to the Beat 10:15 These are the Days 10:45 Crafts – Masks! 1:30 Patio Pals 2:00 Catholic Mass w/ Father Anthony 3:30 GlenBrook's Mardi Gras!! Mardi Gras	9:30 Weights & Workout 10:00 Daily Chronicle 10:15 Heart O Crafts w/ Ginny & Gail 1:30 Patio Pals 2:30 Pet Visits – Indie 3:15 Afternoon Tea Social 4:15 Sing A Long Ash Wednesday	Coastal Excursion 9:30 Walkabout 9:45 Coastal Excursion 10:00 Virtual Travel Video 1:30 Patio & Trivia 2:30 Table Games 3:30 Mocktails Social 4:15 Cool Down & Aromatherapy	Afternoon Concert 9:30 Singfit FUN! 10:15 Daily Trivia 11:00 Chair Samba 1:30 LRC-Dice Game 2:45 Walkabout 3:00 Concert w/ Blue Trio – New!! 4:00 Happy Hour	Special Event 10:45 SINGFIT! 1:30 Nature Video 2:30 Table Games 3:30 Safari Saturday Social 4:00 Mocktails & More
Special Event 9:30 Church Service Dave Leach 10:15 Fitness Class 10:45 Singfit W/ Jordan 1:30 Travel Video 3:00 Friendship Tea Party 4:00 Table Games	9:30 Noodlesize! 10:15 National Days 10:45 Junk Drawer Detective 2:30 Table Games 3:30 National Cupcake Day Decorating 4:30 Aromatherapy	Special Event! 9:30 Catholic Service 10:30 Walkabout 10:45 Music w/ David 1:30 Table Games 3:00 Hello Sunshine Social 4:00 SingFIT !! 6:30 Piano Bar – New! (AL)				