

July 2023

Room Key C-Pickleball/Tennis Courts FCLH-Front of Clubhouse **CH**-Catalina Hall **BC**—Bocce Courts **CLH-**Clubhouse **BR**—Billiards Room

CR-Conference Room GVC-Gardenview Courtyard LD-Liar's Den

L-Lounge MG-Mission Grill PG-Putting Green

HCY-Hillside Courtyard **MR**- Midway Room

SW-Swami's SL-Shores Lounge **TP**-Torrey Pines

Ongoing Programs

Bridge (social): W 1:00p (LD)

Bereavement Support Group:

M 1:30p (CR)

Card Sharks Poker: M / W / F 1:45p (BR)

Ceramics

TU 9a | **F** 1:30p (S)

Conversational Mandarin: W 10:30a (CR)

Crossword Rummikub Open Play

TU / F 10a (LD) | 1st /3rd TU 1p (L **TH** 1p (L) | **SA** 2p (L)

Mah Jongg: Mah Jongg: (American) (Chinese) **M / F** 12p (LD) **TH** 1:30p (LD

Marbles & Jokers: M / W / SA 10a | F 1p (L)

Men's Coffee:

Daily 8:15a (MG)

Mexican Train Dominoes: SU 1p (L)

Open Games:

SA 2p -5p | **SU** 9a - 1p (LD)

Open Studio:

W 9a - 12p | **TH** 12:30p - 3p **SA** 9a - 12p (S)

Pantry:

Daily 3p - 5p (CLH)

Pickleball (C)

TU / TH / SA 8a | SU Open Court

Ping Pong:

M/W/F 9:30a (LJL)

Pinochle:

TU 2p (LD / BR) | **SA** 10a (LD)

Pinochle Lessons:

W 6:30p (LD)

	Jai, 202		BT—Balboa Theater CL-Computer Lab G-Gazebo		LJL-La Jolla Lounge S-Studio Z-Zoom	
SUN	MON	TUE	WED	THU	FRI	SAT
Any items with an asterisk and sign up only, and shown in blu Sign up by emailing Activities@TheGlenSR.com, unless otherwise noted Movies are in pink & show in B	е.					1 1:30 National Treasure 7:00 Notting Hill
1:30 National Treasure 2:00 Linda Canada: San Diego Women During World War II (CH 6:30 Outing: Rady Shell - Arethar	' l	4 Independence Day 12:00 4th of July BBQ (FCLH)	5 11:00 Glen Librarians (LD) 1:30 & 7:00 <i>Working Girl</i>	6 1:30 VADM (Ret) Charles Martoglio presents(CH) 3:00 Women's Bible Study (LD) 3:00 Art Spirit (S & SW)	9:00 Painting w/Suzie (S) 1:00 Photography Club (BT)	8 1:30 Somewhere in Queens 7:00 The Pelican Brief
9 1:30 Somewhere in Queens 3:30 Bingo (SL) 5:15 Outing: Hoyt Park Symphon in the Park - The Heroes*	10 10:00 Health/Wellness/Safety (CR) 1:00 Watercolor Painting (S) 2:00 Dance Class with Jason (CH) 4:00 Veteran's Club (LD)	9:00 Movie Club Meeting (BR) 9:00 Adv. Beg. Bridge* (LD) 11:00 F&B Comm. Meeting (LD)	9:00-4:00 Summer Scavenger Hunt-CLH 10:00 Open Studio w/Linda (S) 1:30 & 7:00 Viva Zapata!	9:00 Brain Fitness (Z) 9:15 Outing: Specialty Produce* 10:45 Putting Challenge (PG) 1:30 Anim. Film Series: Fantasia 3:00 Spanish Club (LD)	14 10:00 Town Hall Meeting (CH) 7:00 Special Silent Movie: Metropolis (1927)	15 1:30 Little Voice 7:00 Erin Brockovich
16 1:30 Little Voice	17 1:00 Watercolor Paint - Suzie (S) 2:00 Dance Class-Mike/Vicky (CH) 1:00 & 3:00 Osher Lecture: Wind Turbines (BT)	9:00 Fiber Arts Meeting (LD) 4:00 Happy Hour: Durrell Anthony (L)	19 10:00 Low Vision Support Grp(BR) 1:30 & 7:00 Waitress 5:15 Outing: Bayou Brothers*	9:00 Brain Fitness (Z) 10:30 Resident Council (LD) 3:00 Women's Bible Study (LD) 6:00 Hershey Felder presents (BT)	9:00 Painting w/Suzie (S) 1:00 Photography Club: New (BT) 2:00 Resident Assoc. Annual Meeting (CH) 7:00 Dance & Social:Sue Palmer (CH)	22 1:30 Book Club 2 7:00 My Best Friends Weddin
23 1:30 Book Club 2 3:30 Bingo (SL)	24 10:00 Activities Committee (LD) 1:00 Watercolor Painting (S) 1:30 Opera: Cosi fan Tutte 2:00 Dance Class-Mike/Vicky (CH) 6:30 Outing: Spreckels-Bach*	9:00 Adv. Beg. Bridge* (LD) 2:00 Q&A with Mgmt (Admin.) (Z) 3:00 iPhone Class (1of4)*-CH 4:00 Boater's Club (S)	26 10:00 Iris Folded Cards* (S) 1:30 & 7:00 Paint Your Wagon	9:00 Brain Fitness (Z) 12:00 Outing: Petco Park Tour* 2:00 Health Talk:Brain Health (CH) 3:00 Spanish Club (LD) 7:30 Team Trivia (CH)	28 10:00 Iris Folded Cards* (S) 3:00 iPhone Class (2of4)*-CH	1:30 The Terminal 7:00 Mona Lisa Smile
30 1:30 The Terminal 4:00 Concert with Peter Sprague (G/HCY)	31 11:00 Knitting & Crocheting (S) 1:00 Watercolor Painting (S) 2:00 Dance Class with Jason (CH)		week of July; a Touchtown	excursions will be posted und message will be sent to all i rip sign-ups must be emailed	residents once this happens	S.

San Diego Women During World War II

Sunday, July 2 2:00 PM Catalina Hall

Historian Linda Canada: will discuss how the women of San Diego had to deal with a number of issues at home once the shock of the bombing of Pearl Harbor subsided. For most married women, their husbands immediately wanted to join the war effort, which put instant pressure on them to become the heads of household. For single women, there was the challenge of losing their social lives as sweethearts and friends joined the service and were sent far away. Come hear actual stories and the real experiences of San Diego women as they lived through this tumultuous period of history.

<u>Virtual Osher Lecture: What Is "The Good Society"? And When Will America Get There?</u>

Monday, July 3 at 1:00 & 3:00 PM Balboa Theater

Lane Kenworthy, a professor of Sociology at UCSD, describes Social Democratic Capitalism in the 21st century and the contrasts between the United States and other countries. He addresses the trade-off between high taxes and life satisfaction in other countries. (1 hr.)

4th of July BBQ:

Monday, July 4 at 12:00 & 3:00 PM In Front of the Clubhouse

Our July 4 BBQ will take place in front of the Clubhouse. We are looking forward to a beautiful afternoon with live music from Gicky and the Bandits and food from 12:00 pm to 3:00 pm. What's more, each household may invite up to 2 guest and choose either the 12:00 pm - 1:30 pm or 1:30 pm - 3:00 pm timeslot. Residents may pay for their guests using their points. Reservations are required so that we can control the flow of traffic and plan the event accordingly, not for seating purposes; sit wherever you want with whomever you want! The reservation link and menu will be posted on Touchtown under the Dining Services app on Wednesday, June 21. Information about take-out will be provided closer to the date.

Art Spirit

Thursday, July 6 from 3:00 - 5:00 PM Art Studio & Swamis

Art Spirit Opening reception will be exhibiting the Photography Club's amazing animal photos and Suzie Lofft's art class will display their beautiful artwork. Join your fellow residents and art lovers and enjoy appetizers and wine while listening to Anthony Cutietta on guitar.

VADM (RET) Charles Martoglio presents: "America and the World in 2030: Competition, Confrontation, or Conflict?"

Thursday, July 6 at 1:30 PM Catalina Hall

Nationally recognized, Admiral Martoglio's focus will be on internal security, China's external aggressiveness and international challenges, Russia's war on Ukraine, and the likely shape of the global security environment at the turn of the century.

Summer Scavenger Hunt

Wednesday, July 12 from 9:00AM - 4:00 PM Clubhouse

Pick up your initial clue from Reception in the Clubhouse Lobby between the hours of 9:00AM -4:00 PM. Your first clue will lead you to your next location where you will pick up the clue for the next location, so on and so forth. At each stop, you will be invited to complete a short exercise. Once you have collected all seven clues, you will staple them together with your name at the last stop and drop them into the box provided for your chance to win a \$25 gift card. If you are lucky enough to figure out all of the locations in one try, it should only take you 20-30 minutes to complete! The winners will be called the next day, Thursday, July 13. Good luck!

Animated Film Series: Fantasia

Thursday, July 13 at 1:30 PM
Balboa Theater

Walt Disney's timeless masterpiece is a celebration of sight and sound, featuring eight sequences marrying classical music with the most innovative animation of it's day. (2 hrs.)

Special Silent Movie: Metropolis (1927)

Friday, July 14 at 1:30 PM Balboa Theater

In a futuristic city sharply divided between the working class and the city planners, the son of the city's mastermind falls in love with a working-class prophet who predicts the coming of a savior to mediate their differences. (2 hrs., 33 Min)

<u>Virtual Osher Lecture: Wind Turbines: How They</u> Work, Pros and Cons, Future Developments

Monday, July 17 at 1:00 & 3:00 PM Balboa Theater

Fascinating lecture by William Thayer on the workings of Wind Turbines, the pros and cons, and future developments. Discusses Floating Turbines, Solar versus Wind and the United States versus Europe's use of different energy sources. (1 hr.)

Happy Hour: Durrell Anthony

Tuesday, July 18 4:00pm - 6:00pm Clubhouse Lounge

We are happy to welcome back Durell Anthony pianist and singer to perform for our Happy Hour. He is a local singer-songwriter and Top 40 contestant on Season 20 of The Voice

Hershey Felder Presents: Violetta

Thursday, July 20 6:00pm Balboa Theater

This program, based on Giuseppe Verdi's La Traviata, takes us to 1850's Venice and tells the story of Giuseppe Verdi and his path to becoming Italy's most beloved and famous composer. While we plan to show this in Balboa Theater, you may request a link to the performance by emailing <code>BarnesB@TheGlenSR.com</code> Access to the link will be limited to the week it is scheduled to play.

Dance & Social: Sue Palmer

Friday, July 21, 7:00pm - 9:00pm Catalina Hall

Sue Palmer has been a presence on the live music scene for over 30 years and was inducted into the San Diego Music Hall of Fame in 2018. Join your friends and neighbors and enjoy great music, dance, or just socialize. Wine and light refreshments will be served.

Resident Association Annual Meeting

Friday, July 21 at 2:00 PM Catalina Hall

Every resident is a member of the Resident Association which meets annually to review the year's activities and address issues. This year the Association will be asked to ratify a revision of our Bylaws, which is posted on Touchtown under the Resident Council app, along with the meeting agenda. In addition, please join us to hear reports from your Resident Council and its five Standing Committees. The meeting will include a question-and-answer period at the end. Residents will be asked to sign in upon arrival for attendance purposes.

Photography Club's Destination Friday Presentation: New Zealand

Friday, July 21 at 1:00pm Balboa Theater

Resident, Scott Dixon will give a photo presentation on New Zealand.

Opera: Cosi fan Tutte (Mozart)

Monday, July 24 1:30pm Balboa Theater

Comic opera of two sisters fickle love for two Italian army officers. Filmed in 1989 in La Scala with conductor Ricardo Muti. Runs for 3 hours.

iPhone Class (4-part series)*

Tuesday, July 25 | Friday, July 28
Tuesday, August 1 | Friday, August 4
3:00 PM in Catalina Hall

This month's topic will include all things YouTube. Students will learn how to install the YouTube app, search for videos, create playlists, subscribe and unsubscribe to channels and so much more!

Space is limited for this 4-part series, so please email Activities@TheGlenSR.com to sign up!

Description Page

Iris Folding Class*

Wednesday, July 26 **OR** Friday, July 28 10:00 AM - 12:00 PM in the Art Studio

Come make Iris folded cards with Sylvia. Iris folding is a paper craft technique that involves folding strips of colored paper in such a way to form a design. The center of the design forms an iris - a shape reminiscent of the iris diaphragm of a camera lens. We will have a few different designs to choose from to make.

Please email <u>Activities@TheGlenSR.com</u> and let us know what day you would like to attend.

Health Talk: Brain Health

Thursday, July 27 at 2:00 PM Catalina Hall

Please join us for a talk with Dr. Allison Kaup, a neuropsychologist with expertise in brain aging. Topics discussed will include age-related memory conditions and strategies to promote brain health.

Team Trivia

Thursday, July 27 at 7:30pm Catalina Hall

Join friends and neighbors and play a game of trivia on an assortment of topics. Come be part of a team for this friendly competition. We will be serving red/white wine and snacks for those attending and the winning team will receive prizes! No sign-up necessary, just show up with your thinking cap on!

Concert with Peter Sprauge

Sunday, July 30 from 4:00pm - 6:00pm Gazebo / Hillside Courtyard

Peter and the group present their jazzified arrangements of classic Beatles songs, Carole King, the Great American Songbook's "Skylark" and Paul Simon's "Cecilia" and "Still Crazy After All These Years." With songbird Allison Adams Tucker on vocals it'll be a special summer night of creativity and nostalgia coming together as one.